



Self-Guided Andes, Amazon & Pacific Itinerary

- 1 or -2 days prior to the tour start date: **Travel day to Quito** Fly to Quito Airport code UIO. Transfer to the city using the well-regulated taxi services. There is never a wait at the airport for a taxi and it only costs about \$25 to get to the city from the airport.

Accommodations: *Not included.* We will provide you with a list of recommended hotels in Quito near our shop in the heart of the fashionable La Carolina neighborhood so that you can relax and explore the nearby galleries, museums, and cafés.

Pre-Tour Registration

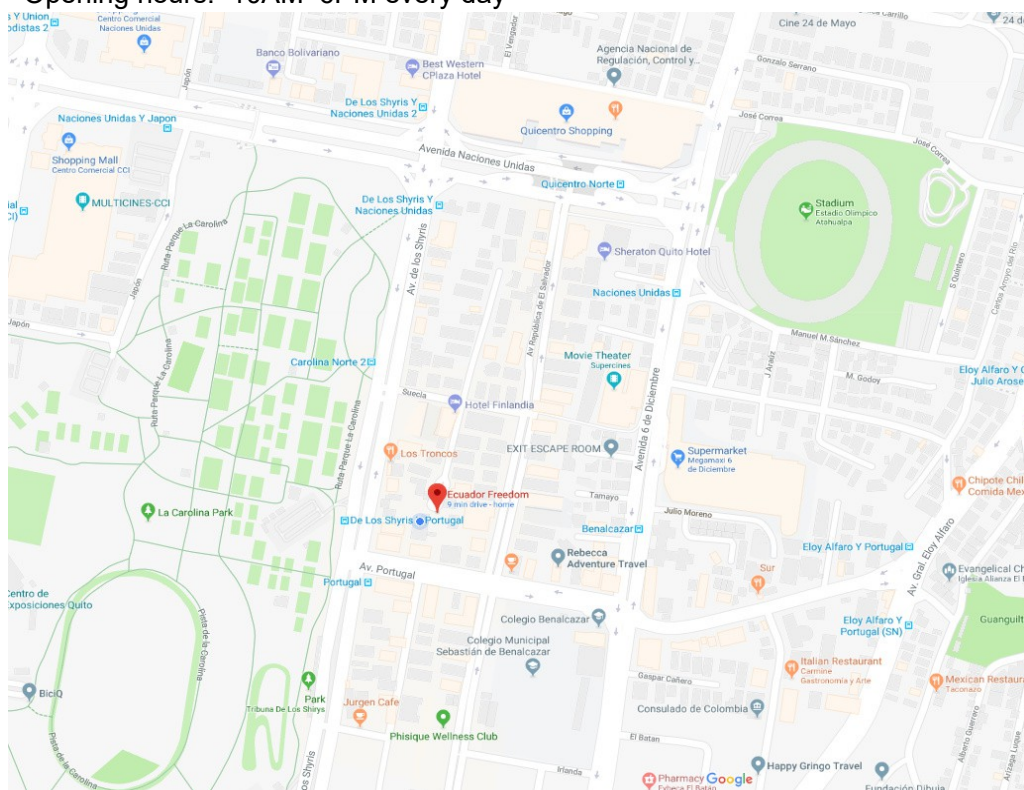
Arrive a day or two prior to departure to enjoy Quito and to stop into our shop to finish up the paperwork and choose any accessories you would like for your trip. We'll provide you with plenty of information on things to see and do in Quito before your ride. Getting the paperwork out of the way makes for an easier first day on the road.

Ecuador Freedom Office Location:

Address: Calle Finlandia N35-06 y Suecia, Quito 170135

Tel: (02) 600-4459

Opening hours: 10AM–6PM every day



Day 1 Quito - Mindo

Distance: 103 km | 64 miles

Included Meals: Dinner

Activities: Sitio Intiñan Equator Museum, Birdwatching at Bellavista, Chocolate Tour

Accommodations: Septimo Paraiso Cloudforest Lodge

Day 2 Mindo - Canoa

Distance: 295 km | 183 miles

Included Meals: Breakfast

Activities: Hike and swim in Laguna Azul, Wire Bridge Crossing, Shrimp farm, swimming

Accommodations: Canoa Beach Hotel

Day 3 Rest Day in Canoa

Distance: ? - you are welcome to use the bike to explore on your own.

Included Meals: Breakfast

Activities: Swimming, surfing, optional mangrove tour, fishing, snorkeling

Accommodations: Canoa Beach Hotel

Day 4 Canoa - Vinces

Distance: 250 km | 155 miles

Included Meals: Breakfast & Dinner

Activities: Visit to Chocolate and Banana Plantation, Eiffel Tower

Accommodations: Señor de los Caballos Lodge

Day 5 Vinces - Chugchilan

Distance: 266 km | 165 miles

Meals: Breakfast, Lunch & Dinner

Activities: Quilotoa Crater Lake

Accommodations: Black Sheep Inn

Day 6 Chugchilan - Baños

Distance: 323 km | 201 miles

Included Meals: Breakfast

Activities: Wood Furniture Maker, Kunuyacu Hot Springs, Chimborazo Wildlife Refuge, Saquisilli
Indigenous Market, Baños de Agua Santa Baths

Accommodations: Posada del Arte

Day 7 Rest Day in Baños

Distance: ? *you are welcome to use your bike to explore on your own*

Included Meals: Breakfast

Activities: Available in Baños: horseback riding, mountain biking, swing jump, casa del arbol
swing, atv rentals, rafting, hiking, canyoning and many more.

Accommodations: Posada del Arte Bed & Breakfast Inn

Day 8 Baños - Sindy

Distance: 141 kilometers | 88 miles on 100% paved roads

Included Meals: Breakfast & Dinner

Activities: Zip Lilne, Tibetan Bridge, Waterfalls, Zoo

Accommodations: Cotococha Amazon Lodge

Day 9 Sindy - Quito

Distance: 224 km | 139 miles

Riding Time: 5 hours

Included Meals: Breakfast

Included Activities: Hike in Amazon jungle with native guide, canoe expedition, tubing on the Napo River

Return home

Many international flights leave around midnight from Quito. If you are catching a flight the same evening as the last day of the tour, feel free to enjoy VIP access to our "After-Ride Lounge" - complete with a hot shower, jacuzzi, and honor bar.